verb	Powerful Verbs/Synonyms				
argue	quarrel	row	squabble	bicker	fall out
	fight	disagree	dispute	have words	wrangle
cried	sobbed	wept	blubbed	bawled	howled
	wailed	moaned	snivelled	whinged	whimpered
fell	tripped	stumbled	slipped	tumbled	lost balance
	dropped	nose-dived	plummeted	plunged	collapsed
jump	leap	bound	spring	hurdle	vault
	flinch	fright	jerk	start	recoil
hit	slap/spank	smack/whack	strike/wallop	punch/thump	belt/clout
	beat/batter	pound/pummel	thrash/clobber	assault/attack	bash/crash
laughed	smiled	grinned	beamed	smirked	giggled
	chuckled	tittered	sniggered	cackled	guffawed
look	watch	observe	stare	gaze	gawp
	peer	реер	peek	glimpse	squint
ran	hurried	raced	sprinted	dashed	darted
	bolted	scarpered	scampered	scattered	fled
said	asked	answered	replied	explained	complained
Said	begged	pleaded	whispered	muttered	grumbled
shouted	called	cried-out	screamed	yelled	exclaimed
shouted	hollered	roared	shrieked	bawled	bellowed
emoll	stink	pong	whiff	stench	odour
smell	reek	hum	aroma	scent	fragrance
steal	take	pinch	whip	pocket	lift
Steal	make off with	thieve	rob	shoplift	burgle
talk	conversation	discussion	debate	gossip	chat
	speak	chinwag	natter/jabber	rattle on/rant	babble/prattle
try	attempt	struggle	strive	aim	seek
	endeavour	have a shot	have a stab	have a crack	make an effort
walk	stroll	shuffle	toddle	hike	stride
	saunter	hobble	totter	march	tread
	tiptoe	sneak	strut	trudge	stagger
	creep	skulk	swagger	trek	stumble
want	feel like	would like	wish for	yearn for	long for
	fancy	crave	desire	need	require
went	left	departed	set-off	started out	head-out
	hit the road	took off	travelled	journeyed	visited

sense	Sensory Description/Imagery					
see	beautiful white sand	deep blue ocean	flash of fireworks	breathtakingly		
	peeling wallpaper	cracked ceiling tiles	dirty fingernails	bushy eyebrows		
hear	rushing water	crashing waves	the crunch of snow	rustling leaves		
	a terrified scream	creaking stairs	dripping tap	hacking cough		
feel	a cool breeze	goose bumps	stinging my ears	numbing my toes		
	a leathery hand	a chill down the spine	sand between toes	sun on shoulders		
taste	thick hot chocolate	disgusting	salty as sea water	hot and spicy		
	like warm treacle	sour	sweet as sugar	bitter as lemon		
smell	freshly baked bread	newly cut grass	aroma of coffee	the scent of pine		
	the stench of death	rotten eggs	cheap perfume	the smell of bacon		